



SPIRIT DAY CAMP



Recreation is the spirit of life – It revitalizes, energizes, stimulates and relaxes us. Adults and children with disabilities need access to their community to participate in life. SPIRIT Day Camp meets this need by providing access to community recreation, cultural, and educational experiences in an inclusive environment for children and adults with developmental disabilities.

SPIRIT Day Camp staff and counselors strive to provide all campers with opportunities that encourage awareness of and participation in community recreation while building campers' confidence and positive self-esteem.

Recreational activities are scheduled in advance and could include, a trip to Mackinaw City to visit Historic Mill Creek and Fort Michilimackinac; a day in Charlevoix touring Castle Farms and exploring Raven Hill Discovery Center; an afternoon in Petoskey enjoying a Concert in the Park and putt-putt golf; and a visit to Harbor Springs for adventure at the Boyne Highlands Adventure Center and an opportunity to sing and dance with the Young Americans.



SPIRIT Day Camp activities vary each year, but one thing remains the same: fun-filled days enjoying recreation, life and leisure in northern Michigan while building relationships with friends new and old.

SPIRIT Day Camp is for children and adults living with developmental disabilities.

1st & 2nd weeks in July

SPIRIT Day Camp celebrates diversity, encourages kindness, and makes a difference in the lives of individuals who participate in the program.

Inclusion of individuals living with disabilities in every aspect of community living supports a vibrant and diverse community.

Campers come from Emmet (52%) & Charlevoix (41%) Counties

www.challengemtn.org

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